**January 2017** 

			January 2017			
Sun 1	Mon 2	Tue 3	Wed 4	Thu 5	Fri 6	Sat 7
	(Breakfast) Grapes Waffles &Milk (Lunch) Hot Dog & Bread Carrots Milk Fruit Cocktail (PM-Snack) Graham Crackers 100%Apple Juice	(Breakfast) Apple/French Toast& Milk (Lunch) Fish Sticks &Fries Green Beans Milk / Fruit Cocktail (PM-Snack) Club Crackers 100%Apple Juice	(Breakfast) Banana Cereal & Milk (Lunch) Spaghetti & meat sauce Mix Veggies tropical Fruit/ Milk (PM-Snack) Pretzels 100% Apple Juice	Breakfast) Orange Pancake & Milk (Lunch) Chicken Tenders & Fries Corn Tropical Fruit/Milk (PM-Snack) Goldfish 100%Apple Juice	(Breakfast) Apple/ Oat Meal & Milk (Lunch) Ham &Cheese / Broccoli Milk / Fruit Cocktail (PM-Snack) Ritz Crackers 100%Apple Juice	
8	9 (Breakfast) Grapes Waffles &Milk (Lunch) Hot Dog & Bread Carrots Milk Fruit Cocktail (PM-Snack) Graham Crackers 100%Apple Juice	10 (Breakfast) Apple/French Toast& Milk (Lunch) Fish Sticks &Fries Green Beans Milk / Fruit Cocktail (PM-Snack) Club Crackers 100%Apple Juice	11 (Breakfast) Banana Cereal & Milk (Lunch) Spaghetti & meat sauce Mix Veggies tropical Fruit/ Milk (PM-Snack) Pretzels 100% Apple Juice	12 Breakfast) Orange Pancake & Milk (Lunch) Chicken Tenders & Fries Corn Tropical Fruit/Milk (PM-Snack) Goldfish 100%Apple Juice	13 (Breakfast) Apple/ Oat Meal & Milk (Lunch) Ham &Cheese / Broccoli Milk / Fruit Cocktail (PM-Snack) Ritz Crackers 100%Apple Juice	14
15	(Breakfast) Grapes Waffles& Milk (Lunch) Hot Dog & Bread Carrots Milk/Fruit Cocktail (PM-Snack) Graham Crackers 100%Apple Juice	17 (Breakfast) Apple/French Toast& Milk (Lunch) Fish Sticks &Fries Green Beans Milk / Fruit Cocktail (PM-Snack) Club Crackers 100%Apple Juice	18 ( (Breakfast) Banana Cereal & Milk (Lunch) Spaghetti & meat sauce Mix Veggies tropical Fruit/ Milk (PM-Snack) Pretzels 100% Apple Juice	19 Breakfast) Orange Pancake & Milk (Lunch) Chicken Tenders & Fries Corn Tropical Fruit/Milk (PM-Snack) Goldfish 100%Apple Juice	20 (Breakfast) Apple/ Oat Meal & Milk (Lunch) Ham &Cheese / Broccoli Milk / Fruit Cocktail (PM-Snack) Ritz Crackers 100%Apple Juice	21
22	23 (Breakfast) Grapes Waffles& Milk (Lunch) Hot Dog & Bread Carrots Milk Fruit Cocktail (PM-Snack) Graham Crackers 100%Apple Juice	24 (Breakfast) Apple/French Toast& Milk (Lunch) Fish Sticks &Fries Green Beans Milk / Fruit Cocktail (PM-Snack) Club Crackers 100%Apple Juice	25 (Breakfast) Banana Cereal & Milk (Lunch) Spaghetti & meat sauce Mix Veggies tropical Fruit/ Milk (PM-Snack) Pretzels 100% Apple Juice	26  Breakfast) Orange Pancake & Milk (Lunch) Chicken Tenders & Fries Corn Tropical Fruit/Milk (PM-Snack) Goldfish 100%Apple Juice	(Breakfast) Apple/ Oat Meal & Milk (Lunch) Ham &Cheese / Broccoli Milk / Fruit Cocktail (PM-Snack) Ritz Crackers 100%Apple Juice	28
29 MILK	30 (Breakfast) Grapes Waffles &Milk (Lunch) Hot Dog & Bread Carrots Milk Fruit Cocktail (PM-Snack) Graham Crackers 100%Apple Juice	31 (Breakfast) Apple/French Toast& Milk (Lunch) Fish Sticks &Fries Green Beans Milk / Fruit Cocktail (PM-Snack) Club Crackers 100%Apple Juice	***************************************			MILK